NRC Report for September 2019 Prince Rupert Community League

NRC UPDATES

- We are hosting our Recreation Network #5 Fall Gathering on October 16, 2019 at the Orange Hub (10045 156 St NW). The theme for this event will be: Beyond Hockey: Winter Activities and Networking. If you're interested, you can RSVP here, or contact Kristy for more information.
- Mrs. Pappe Update
- Homeless Camps Update

REMINDERS

League's Alive Conference

- The Edmonton Federation of Community Leagues (EFCL) is hosting their annual full-day board development conference on October 26, 2019 at the Robbin's Health Learning Centre at MacEwan University.
- Register by September 15 to get the early bird price of \$25!

Big Bin Event

• It's your last chance to drop off old electronics, yard waste, appliances and large items for free. There will be three final Big Bin events happening this September. Click the link above for more details.

Benchmark and Commemorative Tree Program Review

- The Benchmark and Commemorative Tree Programs are being reviewed to make sure they meet the needs of existing and potential donors as well as the City of Edmonton. We want to hear your thoughts about the future of the program.
- Join us at a <u>drop-in session</u> in September.

<u>City of Edmonton Communications and Engagement Calendar</u>

- The City of Edmonton is committed to involving the people affected by the decisions it makes. We seek diverse opinions, experiences and information so that a wide spectrum of information is available to decision makers.
- Check out our Communications and Engagement Calendar to learn more about City of Edmonton public engagement events and activities.
- You can also join the city's <u>Insight Community</u> or view and complete current surveys at Edmonton.ca/Surveys

WHAT'S NEW

Neighbourhood Recreation Networks

- MARK YOUR CALENDARS! We are excited to be hosting another session of eight BCTR Network Events across the city this Fall. Network Event Discussion
- Topics will be posted on Eventbrite.
- RSVP: bit.ly/BCTR-networks-fall-2019 .
- You are welcome to attend any or all of the events. <u>Click here</u> for a map and more information

Edmonton's Edible Fruit Tree Map

- Did you know that the City of Edmonton has an Edible Fruit Tree Map where you and your family can go out on a FREE fruit picking excursion? You can use the map to find out where fruit trees are available in your neighbourhood or locate plantings of specific fruit.
- There are over 35,000 trees and plants, including apple, cherry, plum and pear trees plus chokecherry and saskatoon berry bushes.
- Since trees on private property are also included on the map, please ensure that you ask the owner before picking any of their fruit.

Edmonton Bike Index

- Bike Index is a web-based platform where you can register your bike with a smartphone or desktop computer.
- As soon as you purchase your bike, or the moment you read this, you can go to <u>BikeIndex.org</u> and register your bike in about two minutes. Best part? It's completely free - forever.
- Have you registered your bike on Bike Index yet? Then you should pick up your free Bike Index registration sticker from any Edmonton Police Station front counter or visit their website for participating bike stores.

What is the Language of the Path?

- Did you know that Edmonton has more than 160 kilometres of shared pathways and trails to enjoy? Our pathways and trails are used for a multitude of activities: dog walks, bike rides, rollerblading, running and so much more. All this activity means shared pathways and trails can be busy spaces full of people, pets and wheels.
- In early 2018, the City asked citizens to share their concerns about shared pathways using an Edmonton Insight survey. "Language of the Path" was developed in response to concerns shared and encourages everyone to communicate and look out for each other on shared pathways and trails.

E-Scooters

• Sharing services for bicycles, e-bicycles and e-scooters is now available in Edmonton. We're excited that there will be yet another way for people to travel around and experience our beautiful city.

- E-Scooters may travel on bike lanes, shared pathways, and roads with a posted speed limit of 50km/h or less. E-scooters cannot be used along sidewalks or unimproved trails in parks.
- When parking, there will be no docking stations. It's important to ensure shared scooters are not blocking doors, travel along sidewalks, or access to important amenities such as fire hydrants or pay stations.
- This <u>blog</u> has great information on where to park and ride E-scooters in Edmonton.

PROGRAMS, EVENTS & LICENSES

Fall Green Shacks

- Year-Round Green Shacks are coming back!
- Join in on games, sports, crafts, music, drama and special events. A complete list of activities and special events are posted on the side of Green Shacks each week.
- If there is a game or activity that peaks your child's interest that you would like to have included in programming, just ask the Greenshack Program Leader.

YEG Youth Drop in Programs

- YEGyouth is a free drop-in program for youth ages 13-17. There are two YEGyouth staff who lead participants through different sports, art activities, and more. The leaders are responsive to the interests of the participants at their programs and program plan accordingly.
- The 3-hour drop-in programs start the week of September 16th, and does not run on holidays or stat holidays. Each month the group chooses one unique craft or activity to do at each program location, this is referred to as their monthly initiative. For example, from January 28 - February 1 of this past year youth made mason jar terrariums at the program.

Kaleido Family Arts Festival - September 13-15

- The Kaleido Family Arts Festival transforms Alberta Avenue into a creative mecca for three days this September.
- It welcomes arts and cultural experiences with multi-arts collaborative performances such as music, dance, theatre, film, literary and visual arts with performances on rooftops, sides of buildings, back alleys, parks and found spaces.

<u>City of Edmonton Free Admission Day - September 29</u>

- Free Admission Day is back for 2019!
- Free fun for everyone at participating City of Edmonton recreation centres, attractions and cultural facilities on Sunday September 29, 2019 from 10am-6pm*.
- *Some exceptions apply. Please check website for the list of participating facilities and hours of operation.



• 'Free Admission Day' does not apply to other City of Edmonton services.

PARKLAND USE & PROJECTS

Parks and Open Spaces Facilities and Services Survey

- The City of Edmonton is conducting research on people's experiences with the City of Edmonton Parks, Open Spaces Facilities & Services.
- If any of the following statements represent your involvement with these services within the last year we would like to invite you to complete a short survey.
 - I have booked city spaces for community events such as picnics, weddings, photo shoots, church events, sports tournaments, festivals, or neighbourhood events.
 - I have booked or used picnic tables/benches, BBQ pits and/or other sites for small groups of people.
 - I have used city owned parks, playgrounds, spray parks or sports fields open to the public.
- This survey will take no more than 15 minutes to complete and closes on Sept 17 at
- Results from the survey will help the City of Edmonton improve the experience with these services.
- If you have any questions about this survey, or difficulty in accessing the site or completing the survey, please contact Tania Way, 780-944-0836.

EcoTea Pilot on Sportsfields

- The City's IPM (Integrated Pest Management) team is trialing a new product called EcoTea on sports fields around the city.
- It is a liquid biological soil amendment that helps to build and replenish the beneficial microbial community in soil and plant root systems.
- A healthy turf ecosystem will be less prone to weed invasions, and it should reduce the need for pesticide and fertilizer applications. The trial is currently underway on three sports fields, with the results being evaluated in the fall. Please email ipm@edmonton.ca for any inquiries.

STRENGTHENING YOUR ORGANIZATION & FUNDING RESOURCES

Scholarships and Funding

- Take a look at this list of scholarship and funding options compiled by <u>Park People</u>.
- Park People supports and mobilizes community park groups, community organizers, non-profits, park professionals and funders who activate the power of parks.

Norquest College: Not-for-Profit Accounting Fundamentals

NorQuest College in partnership with the City of Edmonton, is offering a beginner level accounting course that teaches the fundamental concepts and bookkeeping processes of a not-for-profit organization.

Build Your Capacity, Boost Your Impact: Upcoming Workshops from Edmonton Chamber of Voluntary Organizations (ECVO)



Be sure to check out their calendar which is updated daily with online and in-person learning opportunities.

Introduction to Board Governance: Understanding Your Roles and Responsibilities and **Applying Your Learning**

When: Friday, October 4 - Saturday, October 5, 2019 Where: Woodvale Community Facility, 4540 - 50 Street

Cost: \$50 - \$75 **Topics include:**

- Understanding one's legal landscape and legal responsibilities
- Concepts of governance and understanding the roles and responsibilities of board members
- Liability and risk management and the link to policy development
- An overview of organizational planning and financial responsibilities
- Building a strong team and effective relationships
- Effective meetings and making the most of committees
- Creating an effective structure to ensure work gets done

Bylaws Refresher - A Society Bylaws Overview

When: Saturday, October 19, 2019, 8am-1pm

Where: ECVO Training Room, Suite 258, Bonnie Doon Professional Centre

Cost: \$65 - \$95

- No one wants to admit it, but it's inevitable. Sooner or later you're going to have to take a good, hard look at your bylaws.
- At ECVO's Bylaws Refresher workshop, you'll learn the latest best practices and ask the experts how you can make your bylaws fresh and future-ready in an evolving non-profit sector.

Basic Facilitation Skills for Not-for-Profits & Government Organizations

When: Tuesday, November 19 - Thursday, November 21 2019 Where: Woodvale Community Facility, 4540 - 50 Street

Cost: \$185 - \$225

- Group facilitation is an underrated but essential skill to have in your team's arsenal.
- The three-day workshop provides hands-on 'learn while doing' and accessible instruction in the art of group facilitation.
- Topics include:
 - Core Concepts of Facilitation
 - Understanding Groups
 - Designing Facilitated Sessions
 - Facilitation Practice and Feedback

OrgHelpTO

 Check out this Toronto-based capacity-building project providing online resources for nonprofits. You'll find information, templates and samples related to topics such as:

Boards

Volunteers

Financial Management

- Roles & Responsibilities
- Strategic Planning
- Policies
 - Recruitment & support
- **Budgets**
- Reserve Funds

LEARNING & NETWORKING OPPORTUNITIES

Older Adults Needs Assessment

- Between October 2018 and February 2019, the City of Edmonton conducted the Older Adults Needs Assessment to understand the needs of older adults in our community.
- The research focused on issues specific to the needs of older adults in Edmonton, including participation in activities; volunteering; technology use; intergenerational connectedness; social isolation and loneliness; safety and financial security; aging-in-place; and ageism.
- Review the report here to see how this information can be relevant to your organization and the seniors you serve via programs, services, and organizational policies.

CONTACT INFO

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RESOURCES

1. The Park Bench e-NEWSLETTER:

 Each month you will find information that celebrates and highlights City activities, events, programs and services for neighbourhoods in Edmonton. Click here to subscribe.

2. Abundant Communities Edmonton

- ACE is a neighbourhood engagement and community organizing approach that provides tools for neighbours to get to know each other on a block level.
- Read about how you can help your neighbourhood Strangers into Neighbours by becoming a part of Abundant Community Edmonton.



3. Building Community Through Recreation

- We support neighbourhoods and local organizations to utilize recreation to build community connections.
- <u>Click here</u> for information about upcoming Recreation Network events